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**EDUCATION**

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PhD, Cultural Studies with a Designated Emphasis in Feminist Theory and Research,  
University of California at Davis, 2004  
MA, Cultural Studies, University of California at Davis, 2002  
MSW, Social Work with an Emphasis in Mental Health, California State University,  
Sacramento, 1987  
BA, Criminal Justice, Michigan State University, 1983

**PUBLICATIONS**

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Books

- Nylund, D. (2007). *Beer, Babes, and Balls: Masculinity and Sports Talk Radio*. Albany, NY: SUNY Press.
- Nylund, D. (2000). *Treating Huckleberry Finn: A New Narrative Approach with Kids Diagnosed ADD/ADHD*. San Francisco: Jossey-Bass.
- Smith, C., & Nylund, D. (Eds.). (1997). *Narrative Therapies with Children and Adolescents*. New York: Guilford Press.

Journal Articles and Book Chapters

- Nylund, D. & Temple, A. (In Press). Queer Informed Therapy: Radical Approaches to Counseling with Transgender Persons. In C. Audet & D. Pare (Eds.), *Social Justice and Counseling*. New York: Routledge.
- Tilsen, T. & Nylund, D. (In Press). Cultural Studies Methodologies and Narrative Family Therapy: Therapeutic Conversations about Popular Culture. *Family Process*.
- Nylund, D. & Waddle, H. (2016). Breaking Out of the Gender Binary: Liberating Transgender Inmates. In T. Afaupe & G. Hughes (Eds.), *Towards Emotional Well-Being Through Liberation Practices: A Dialogical Approach* (pp. 140-148). London: Routledge.
- Bjoroy, A., Madigan, S., & Nylund, D. (2015). The Practice of Therapeutic Letter Writing in Narrative Therapy In B. Douglas edited by Douglas, B., Woolfe, R., Strawbridge, S., Kasket, E & Galbraith, V. (Ed.), *The Handbook of Counselling Psychology*, 4th edition (pp. 332-348). London: Sage
- Madigan, S., Bjoroy, A., & Nylund, D. (2015). Narrative Therapy. In S. Palmer (Ed.), *Introduction to Counselling and Psychotherapy: The Essential Guide, 2<sup>nd</sup> Edition* (pp. 335-346). London: Sage Press.
- Nylund, D. (2014). Transmitting Softer Masculinity: Sports Talk Radio and Masculinity. In J. Hargreaves & Eric Anderon (Eds.), *Routledge Handbook of Sport, Gender and Sexuality* (pp. 453-460). London: Routledge.

- Nylund, D. (2013). Barbies and Beer: Narrative Therapy with a Gender-Variant Child. In J. Chang, *Creative Strategies in Child Therapy: A Transtheoretical Approach* (pp. 115-119). Victoria BC: Family Psychology Press.
- Chang, J. & Nylund, D. (2013). Narrative and Solution-Focused Therapies: A Twenty-Year Retrospective. *Journal of Systemic Therapies* 32 (2), 72–88.
- Nylund, D. (2012). In the Trenches with ADHD. In J.W. Andrews & P. Istvanffy, (Eds.), *Exceptional Life Journeys: Personal Stories about Childhood Disorders* (pp. 18-20). Burlington, MA: Elsevier:
- Tilsen, J. & Nylund, D. (2010). Resisting Normativity: Queer Musings on Politics, Identity, and the Performance of Therapy. *International Narrative Therapy and Community Work Journal*, 3, 64-70.
- Tilsen, J. & Nylund, D. (2010). Homonormativity and Queer Youth Resistance: Reversing the Reverse Discourse. In L. Moon (Ed.), *Counselling Ideologies: Queer Challenges to Heteronormativity* (pp. 93-104). London: Ashgate Publishers.
- Nylund, D. (2009). Giving the "T" its Due Attention: Social Work Practice with Transgender Clients. *Clinical Update: Newsletter for California Society for Clinical Social Work*. XXXIX(3), 1, 10-12.
- Tilsen, J. & Nylund, D. (2009). Popular Culture Texts and Young People: Making Meaning, Honoring Resistance, and Becoming Harry Potter. *International Narrative Therapy and Community Work Journal*. 2, 3-10.
- Tilsen, J. & Nylund, D. (2008). Psychotherapy Research, the Recovery Movement, and Practice-Based Evidence. *The Journal of Social Work in Disability & Rehabilitation*, 7 (3.4), 340-354.
- Tilsen, J., Nylund, D. & Grieves, L. (2007). The Gender Binary: Theory and Lived Experience. *International Narrative Therapy and Community Work Journal*, 3, 46-53.
- Nylund, D. (2007). Reading Harry Potter: Popular Culture, Queer Theory, and the Fashioning of Youth Identity. *Journal of Systemic Therapies* 26 (2), 13-24.
- Nylund, D. & Tilsen, J. (2006). Pedagogy and Praxis: Postmodern Spirit in the Classroom. *Journal of Systemic Therapies* 25 (4), 21-31.
- Nylund, D. (2006). Deconstructing Patriarchy and Masculinity with Teen Fathers: A Narrative Approach. In Evans, Holgate, & Yuen (Eds.), *Teenage Pregnancy and Parenthood* (pp. 157-167). New York: Routledge.
- Nylund, D. (2006). Critical Multiculturalism, Whiteness, and Social Work: Towards a More Radical View of Cultural Competence. *Journal of Progressive Human Services* 17 (2), 27-42.
- Tilsen, J. Russell, S., Michael, & Nylund, D. (2005). Nimble and Courageous Acts: How Michael became the Boss of Himself, 24 (2), 29-42.
- Nylund, D. (2005). Strengths-Based and Solution-Focused Narrative Intervention. In J. Dworkin (Ed.), *Advanced Social Work Practice: An Integrative, Multilevel Approach* (pp. 12-16). Boston: Pearson Press.
- Nylund, D. (2004). The Mass Media and Masculinity: Working with Men Who Have Been Violent. In S. Madigan (Ed.), *Therapeutic Conversations 5: Therapy from the Outside In* (pp. 177-191). Vancouver: Yaletown Family Therapy Press.
- Nylund, D. (2004). When in Rome: Homophobia, Heterosexism, and Sports Talk Radio. *Journal of Sport and Social Issues*, 28 (2), 136-168.

- Nylund, D. (2004). Deconstructing Masculinity Through Popular Culture Texts. *Narrative Network News*, 27, 35-39.
- Nylund, D. (2003). A of Slice Sexism: The Controversy over the Exclusionary Membership Practices of the Augusta National Golf Club. *Journal of Sport & Social Issues*, 27(2), 195-202.
- Nylund, D., & Nylund, D. A. (2003). Narrative Therapy as a Counter-Hegemonic Practice. *Men and Masculinities*, 5(4), 386-394.
- Nylund, D. (2002). Poetic Means to Anti-Anorexic Ends. *Journal of Systemic Therapies*, 21(4), 18-34.
- Nylund, D. (2002). Understanding and Coping with ADD/ADHD. In J. Biederman & L. Biederman (Eds.), *Parent School: Simple Lessons from the Leading Experts on Being a Mom & Dad* (pp. 291-296). New York: M. Evans and Company, Inc.
- Nylund, D., & Hoyt, M. (1997). The Joy of Narrative: An Exercise for Learning from our Internalized Clients. *Journal of Systemic Therapies*, 16(4), 361-366.
- Nylund, D., & Thomas, J. (1997). Situating Therapist's Questions in the Presence of the Family: A Qualitative Inquiry. *Journal of Systemic Therapies*, 16(3), 211-228.
- Nylund, D., & Ceske, K. (1997). Voices of Political Resistance: Young Women's Co-Research in Anti-Depression. In C. Smith & D. Nylund (Eds.), *Narrative Therapies with Children and Adolescents* (pp. 356-381). New York: Guilford Press.
- Nylund, D., & Corsiglia, V. (1996). From Deficits to Special Abilities: Working Narratively with Children Labeled ADHD. In M. Hoyt (Ed.), *Constructive Therapies 2* (pp. 163-183). New York: Guilford Press.
- Nylund, D., & Thomas, J. (1994, November/December issue). The Economics of Narrative. *The Family Therapy Networker*, 38-39.
- Nylund, D., & Corsiglia, V. (1994). Attention to the Deficits in Attention Deficit Disorder: Deconstructing the Diagnosis and Bringing Forth Children's Special Abilities. *Journal of Collaborative Therapies*, 2(2), 7-16.
- Nylund, D., & Corsiglia, V. (1994). Becoming Solution-Focused Forced in Brief Therapy: Remembering Something Important We Already Knew. *Journal of Systemic Therapies*, 13(1), 5-12.
- Nylund, D., & Corsiglia, V. (1993). Internalized Other Questioning With Men Who Are Violent. *Dulwich Centre Publications*, 2, 29-34.
- Nylund, D. (1992). Escaping a Co-Dependent Lifestyle: A Systemic/Cybernetic Approach. *Family Therapy Case Studies*, 7(1), 41-47.

## **TEACHING**

Full Professor, Division of Social Work, California State University, Sacramento

Social Work 202: Diversity; Social Work 204 C/D: Advanced Level Practice: Social Work 215: Restorative Justice and Mediation for Social Workers,; Social Work 226: Family Interventions: Social Work, 2012-present.

Associate Professor, Division of Social Work, California State University, Sacramento

Social Work 202: Diversity; Social Work 204 C/D: Advanced Level Practice; Social Work 235 A/B: Human Behavior in the Social Environment; Social Work 226: Family Interventions; Social Work 136: Homelessness and Poverty, 2007-2012.

Assistant Professor, Division of Social Work, California State University, Sacramento

Social Work 202: Diversity; Social Work 204 C/D: Advanced Level Practice; Social Work 235 A/B: Human Behavior in the Social Environment; Social Work 134: Crimes Without Victims; Social Work 125A: Human Behavior in the Social Environment, 2003-2007.

Faculty, Vancouver School for Narrative Therapy, 2009-present.

Lecturer, Department of Women & Gender Studies, University of California at Davis

Women & Gender Studies 50: Introduction to Women Studies, 2002

Lecturer, Division of Social Work, California State University, Sacramento

Social Work 226: Family Therapy, 1997-1998

Lecturer, Professional School of Psychology (Alliant University)

Psychology 201: Narrative Therapy, 1997

Teaching Assistant, University of California at Davis, 2001-2003

Sociology 25: Popular Culture

Sociology 125: Sociology of Culture

Women Studies 50: Introduction to Women Studies

Textiles 7: Style, Fashion, and Cultural Studies

## **CLINICAL EXPERIENCE**

Clinical Director, The Gender Health Center (GHC), Sacramento, California, June 2010-present

School Counselor/Restorative Justice Practitioner, Restorative Schools Vision Project,

Sacramento, California, March 2014-present.

Clinical Supervisor, Empower Yolo, Woodland, CA, June 2011-present

Clinical Director, River Rock Counseling, Sacramento, California, March 2009-present

Clinical Supervisor, La Familia Counseling Center, Sacramento, California, July 1998-present

Clinical Supervisor, Walter's House, Woodland, CA, September, 2012-October, 2013.

Clinical Supervisor, Diagonos Youth Services, Sacramento, California, August 2007-May 2008

Clinical Supervisor, Sacramento Gay & Lesbian Center, Sacramento, California, September 2006-August 2009

Clinical Supervisor, Keystone School, Elmira, California, June 2005-September 2007

Clinical Supervisor, Atkinson Youth Services, Sacramento, California, June 2004-December 2006.

Clinical Social Worker, Kaiser-Permanente, Mental Health Department, Stockton, California, August 1990 -July 2000

Private Practice, Inland Psychiatric Offices, Stockton, California, February 1990 -December 1996

Social Worker, Omni Group Home, Stockton, California, June 1989 -August 1990

Clinical Social Worker, San Joaquin County Mental Health, Adult Outpatient Clinic, Stockton, California, May 1987 -August 1990

Social Work Intern, California Youth Authority, Redwood Intensive Treatment Program. Ione, California, September 1985-May 1986.

## **LICENSURE**

Licensed Clinical Social Worker, State of California, License Number: LCS14463. Awarded LCSW in November 1989.

## **PROFESSIONAL ORGANIZATIONS**

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Board Member of the Restorative Schools Vision Project (RSVP)  
 National Association of Social Workers (NASW)  
 Council on Social Work Education (CSWE)  
 World Professional Association for Transgender Health (WPATH)  
 California Society for Clinical Social Work  
 American Association for Marriage and Family Therapy (AAMFT)  
 The North American Society for the Sociology of Sport (NASSS)  
 Cultural Studies Association (CSA)  
 American Psychological Association (APA)

## **AWARDS AND HONORS**

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Most Influential Professor in the MSW Program, Sacramento State University. Awarded by the Social Work Student Association, 2014.  
 Most Influential Professor in the MSW Program, Sacramento State University. Awarded by the Social Work Student Association, 2012.  
 Outstanding Community Service Award, College of Health Human Services, Sacramento State University-2011  
 Community Ally Award, Pride Center, Sacramento State University-2011  
 First Prize—University of California at Davis Feminist Essay Prize, co-sponsored by the Women's Resource and Research Center, the Consortium for Women and Research, and the Women and Gender Studies Department—2003  
 Research Grant from the Gay Lesbian Alliance Against Defamation (GLAAD) to study sports talk radio—2001  
 Consulting Editor—*Social Work*—1999-2002  
 Ad Hoc Reviewer—*Journal of Systemic Therapies*—2007-present  
 Certified Trainer—International Center for Clinical Excellence

## **PRESENTATIONS**

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Nylund, D. (1990). Solution-Oriented Brief Therapy, a workshop presented at the 21<sup>st</sup> Annual Conference of the California Society for Clinical Social Workers; November 11, 1990, Carmel, California.  
 Nylund, D. (1993). Narrative Therapy With Sexual Abuse Survivors, a workshop presented at the 8<sup>th</sup> Annual Partners in Prevention Conference, sponsored by the Child Abuse Prevention Council; November 6, 1993, Sacramento, California.  
 Nylund, D. & Corsiglia, V. (1994). Attention to the Deficits in Attention Deficit Disorder: Deconstructing the Diagnosis and Bringing Forth a Child's Special Abilities, a paper presented at the 2<sup>nd</sup> Annual Narrative Ideas and Therapeutic Practices Conference; March 31, 1994, Vancouver, British Columbia, Canada.  
 Nylund, D. & Thomas, J. (1995). Situating Therapist's Questions in the Presence of the Family: A Qualitative Inquiry, a paper presented at the 3<sup>rd</sup> Annual Narrative Ideas and Therapeutic Practices Conference; March 3, 1995,

- British Columbia, Canada.
- Nylund, D. & Thomas, J. (1996). Collaborative Letter Writing: Co-Authoring Therapy Beyond the Office, a workshop presented at the 4<sup>th</sup> Annual Narrative Ideas and Therapeutic Practices Conference; February 24, 1996, Vancouver, British Columbia, Canada.
- Nylund, D. & Hoyt, M. (1996). The Joy of Narrative, a workshop presented at Therapeutic Conversations 3 Conference; June 29, 1996, Denver, Colorado.
- Nylund, D. (1996). From Deficits to Special Abilities: Working Narratively with Children Labeled ADHD, a workshop presented at the 3<sup>rd</sup> Annual Phillips Graduate Institute Child Therapy Symposium; August 8, 1996, Los Angeles, California.
- Nylund, D. & Ceske, K. (1997). Couples Therapy in a Group Context, a works in progress presentation at the 5<sup>th</sup> Annual Narrative Ideas and Therapeutic Practices Conference; March 7, 1997, Vancouver, British Columbia, Canada.
- Nylund, D. (1997). Narrative Approaches with Children and Adolescents, a workshop presented at the Master Therapist Series, sponsored by the University of Connecticut Medical School, Department of Continuing Education; March 27, 1997, Farmington, Connecticut.
- Nylund, D. & Law, I. (1998). Alternatives to Attention Deficit Disorder, a workshop presented at the Therapeutic Conversations 4 Conference; May 15, 1998, Toronto, Ontario, Canada.
- Nylund, D. (2001). Alternative Approaches with ADHD, a workshop presented at the Pan Pacific Brief Therapy Conference; November 8, 2001, Osaka, Japan.
- Nylund, D. (2001). Hegemonic Masculinity and Heterosexism in Sports Talk Radio, a paper presented to the UC Davis Chancellor's Committee on Gay and Lesbian Issues, November 1, 2001, Davis, California.
- Nylund, D. (2003). Traditional Masculinity and Homophobia in Sports Talk radio, a Paper presented at the 2003 Colloquium on Graduate Queer Research at UC Davis, April 9, 2003, Davis, California.
- Nylund, D. (2003). The Mass Media and Masculinity; a workshop presented at the Narrative Therapy and Community Work Conference, August 8, 2003, Evanston, Illinois.
- Nylund, D. (2004). Challenging Traditional Concepts of Masculinity and Male Violence, a workshop presented at the NASW California Conference, April 23, 2004, Los Angeles, California.
- Nylund, D. (2004). The Mass Media and Masculinity, a workshop presented at the Therapeutic Conversations 5 Conference, May 7, 2004, Toronto, Ontario, Canada.
- Nylund, D. (2004). Sports Talk Radio: One Big Boyquarium?, a paper presented at the Fifth International, Crossroads in Cultural Studies Conference, June 26, 2004, University of Illinois at Urbana-Champaign.
- Nylund, D. (2004). The Mass Media and Violent Masculinity: Using Popular Culture in Therapy, a workshop presented at the 9<sup>th</sup> Annual International Conference on Family Violence, September 21, 2004, San Diego, California.
- Nylund, D. (2004). Have a Take: Masculinity and Sports Talk Radio, a paper presented at the 25<sup>th</sup> Annual Conference of the North American Society for the Sociology of Sport, November 6, 2004, University of Arizona, Tucson, Arizona.
- Nylund, D. (2005). Using Popular Culture to Generate Therapeutic Solutions, a workshop presented at the NASW California Conference, April 23, 2005, San Francisco, California.

- Nylund, D. & Tilsen, J. (2005). Transgressing Sexual and Gender Boundaries, a paper presented at the Therapeutic Conversations 6 Conference, May 7, 2005, Vancouver, British Columbia, Canada.
- Nylund, D. & Beres, L. (2005). From Harry Potter to Halo 2: Using Popular Culture in Therapy, a workshop presented at the Catching the Winds of Change Conference, June 9, 2005, Halifax, Nova Scotia, Canada.
- Nylund, D. (2005). Treating Huckleberry Finn: Alternative Approaches with ADHD, a workshop presented at the Catching the Winds of Change Conference, June 10, 2005, Halifax, Nova Scotia, Canada.
- Nylund, D & Tilsen, J. (2006). Not Gay Enough: Bi-Phobia, Policing our Own, and Struggle to be Queer in a Straight World, a workshop presented at the Therapeutic Conversations Conference 7, June 2, 2006, Vancouver, British Columbia, Canada.
- Nylund, D. & Tilsen, J. (2006). Organically Validated Treatments, Worst Practices, and Other stuff that Works with Kids, a workshop presented at the Therapeutic Conversations Conference 7, June 3, 2006, Vancouver, British Columbia, Canada.
- Nylund, D. (2006). Narrative Therapy with Disordered Eating, a presentation presented at Summitt's Annual Eating Disorders Conference, October 12, 2006, Sacramento, CA.
- Nylund, D. & Tilsen, J. (2006). Don't Kill Your TV Yet: Leveraging Popular Culture in Therapy, Keynote Presentation at the Minnesota Association for Marriage and Family Therapy (MAMFT) Conference, November 2, 2006, Maplewood, Minnesota.
- Nylund, D. (2007). Client-Directed, Outcome-Informed Therapy, a workshop presented at NASW California Conference, May 4, 2007, San Francisco, California.
- Nylund, D. & Tilsen J. (2007). One Stop Queer Shop, a workshop presented at Therapeutic Conversations Conference 8, May 7, 2007, Toronto, Ontario, Canada.
- Nylund, D. (2008). Client-Directed Therapy, a presentation presented at Sierra Vista Hospital's Speaker Series, March, 21, 2008, Sacramento, California.
- Nylund, D. & Tilsen, J. (2008). Queer theory, Queer Therapy: Post-Identities for the Post-modern World, a workshop presented at the Ninth Annual International Narrative Therapy and Community Work Conference, November 28, 2008, Adelaide, Australia.
- Nylund, D. (2009). Counseling Transgender Clients, a presentation for the Council on Social Work Education, April 25, 2009, Sacramento, California.
- Nylund, D. & Tilsen, J. (2009). Families in Transition: Transgender Youth in Context, a presentation at the AAMFT Annual Conference, October 4, 2009, Sacramento, California.
- Nylund, D. & Tilsen, J. (2010). Resisting Normativity: Queer Musing on Politics, Identity, and the Performance of Therapy, a keynote presentation at the Therapeutic Conversations 9 Conference, May 9, 2010, Vancouver, British Columbia, Canada.
- Nylund, D. & Tilsen, J. (2012). Bye-Bye Binary: Queer Theory in Action, a workshop presented at the Therapeutic Conversations 10 Conference, May 9, 2012, Vancouver, British Columbia, Canada.
- Nylund, D. (2014). Queer as Youth: Creating Safe Spaces for LGBT Teens, a keynote address at the 3<sup>rd</sup> Annual No Time to Lose Conference: A Professional Conference to Activate Change for LGBTQ Youth, April 4, 2014, Sacramento, CA.
- Nylund, D. (2014). Discovery Learning: The Use of Therapeutic Letters in Narrative Therapy at the Therapeutic Conversations 11 Conference, May 31, 2014, Vancouver, British Columbia, Canada.

- Nylund, D. (2015). Providing a New Narrative for Trans Health, a presentation at the Improving OUTcomes 2015 Conference: Patient-Centered Care for LGBTQI Patients and Families, March 27, 2015. UC Davis Medical Center, Sacramento, California.
- Nylund, D. & Tilsen, J. (2015). Conversations on Non-Normativity, a workshop presented at the Therapeutic Conversations 12 Conference, May 1, 2015, Vancouver, British Columbia, Canada.
- Nylund, D. & Filippelli, A. (2015). Microaggressions in Everyday Life: Learning from the Narratives of Genderqueer Youth, a workshop presented at the Gender Spectrum Conference, July 10, 2015, Saint Mary's College, Moraga, California.
- Nylund, D. (2015). Working with Couples Where One Partner "Comes Out" as Transgender, a presentation at the AAMFT-CA You & Me: A Conference on Couples, October 2, 2015, Sacramento, California .
- Nylund, D. & Filippelli, A. (2016). Responsive Mental Health Care with Transgender Youth, a workshop at 5<sup>th</sup> Annual No Time to Lose Conference: A Professional Conference to Activate Change for LGBTQ Youth, March 4, 2016.
- Nylund, D. (2016). Social Practice and Gender, a keynote address at the Bye Bye Binaries: Social Work an Gender, Gender Identity, and Gender Expression, April 6, 2016, Humbolt State University, Arcata, California.
- Nylund, D. (2016). Narrative Therapy and its Importance in LGBTQI Care, a plenary address at the Improving OUTcomes 2016 Conference: Patient-Centered Care for LGBTQI Patients and their Families, April 9, 2016, UC Davis Medical Center Sacramento, Californai.